Impact Report













Saluting a Community of Support Behind Kristi House

About Kristi House

MISSION

Kristi House is dedicated to eradicating child abuse and child sex trafficking – working nationally on solutions and locally to heal child-victims.

PROGRAM ACCOMPLISHMENTS

Kristi House Children's Advocacy Center provided services to 1,770 children and their families during CY 2019 at its main center and five satellite locations in Miami-Dade County. A staff of 62 full-time and six part-time members provided advocacy, therapy, transportation, education and other supportive services to help children and their families heal from the trauma of sexual abuse, physical abuse and sex trafficking.

PARTNERS KEY TO SUCCESSFUL APPROACH

Eight agency-partners worked collaboratively to help children and families overcome the abuse, and hold the perpetrators responsible. These partners address the victim and family's medical, legal, emotional and concrete needs. We salute our Multidisciplinary Team working together for more than two decades:

- State Attorney's Office
- Florida Department of Children & Families
- University of Miami Child Protection Team
- Jackson Hospital Roxcy Bolton Rape Treatment Center
- · Guardian ad Litem
- City of Miami Police
- Miami-Dade Police

A COMMUNITY OF SUPPORT

Kristi House is fortunate to have the support of individuals, corporations, foundations, public officials and public entities enabling us to serve children in trauma throughout Miami-Dade County. This report encompasses Kristi House activities July 2018 through December 2019.

Photos on cover (From top left clockwise): Long-time supporters Maria Maloof, Kara Sharp and Board Member Priscilla Marrero make Valentine's Day special for Project GOLD girls. ■ Karen Reiter and the team from Keller-Williams dedicated their "Red Day" work day to Kristi House two years in a row! ■ Kristi House therapists are overloaded with gifts donated by the community for the children at the holidays. ■ This group of volunteers from Potential Church dedicated a Spring Cleaning day to sprucing up Kristi House. Thank you! ■

O2 ABOUT KRISTI HOUSE



Message from CEO Amanda G. Altman, Esq.



t has been a privilege to come on board as CEO of Kristi House this past year. I am challenged to continue its legacy of meeting the unmet needs in our community, making children whole again, fortifying families and preventing more victims.

KRISTI HOUSE knows what it takes to heal children. and does so every day. We provide children and their families with proven, evidence-based mental health services, which enable them to get past the trauma and go on with their lives. In most cases, children and youth who complete treatment with Kristi House are stronger than ever.

It is important that children who experience abuse and other forms of trauma get help from experienced professionals. Most victims left untreated face lifelong serious emotional and social consequences —

depression, anxiety, post traumatic stress disorder, substance abuse, physical health problems, education and career challenges — to name a few.

To overcome potentially devastating, long-lasting effects, Kristi House coordinates all the services a victim and the family will need for the healing process. We provide treatment, link families to other needed community resources, and serve as a bridge to law enforcement.

Kristi House could not be the beacon of hope it is for families without our dedicated Multidisciplinary Team partners and the tremendous support we receive from the community. With this continued support of a caring community and committed board, staff and volunteers, we pledge to continue our work to eradicate child sexual abuse and sex trafficking, and to heal the future.



"You all gave attention to our family, the school, what surrounds the parent. . .a thing you don't find in other therapy offices. You were always there at every turn, not only offering support to the patient, but to us the parents. Thank you for making a difference from the bottom of our hearts."



Highlights of Community Impact

HEALED VICTIMS...

- Served more than 1,700 **child-victims** and their families in 2019 in every zip code of Miami-Dade County helping them to recover from sexual abuse and other childhood trauma.
- Expanded services in **Homestead** with the opening of a dedicated office, marking the sixth location for easier access to Kristi House services.
- Launched a **family engagement initiative** to ensure families get the full benefit of Kristi House services and support.
- Marked 12 years of our Project GOLD program for sex trafficked children, having provided services for more than 500 girls overcoming commercial sexual exploitation or at high risk.
- Tapped by the U.S. Department of Health and Human Services to provide therapy for unaccompanied and separated minors being detained in Miami.



Kristi House Education Team Leader Deborah Billings (center) in Homestead where Kristi House has expanded access to children in need of services with a satellite office, client transportation route and van, and staff of five professionals.

EXPANDED OUR EXPERTISE...

- Conducted yearlong learning collaborative in Trauma-Focused Cognitive Behavioral Therapy for our staff and 60 South Florida therapists and caseworkers from 11 agencies as part of our federal U.S. Department of Health and Human Services grant dedicated to increasing capacity to treat child trauma.
- Began pilot project to introduce a **Facility Dog** at Kristi House for children overcoming trauma as part of a partnership under a **Children's Trust Innovation** grant in partnership with Disability Independence group.
- Moved to an automated, streamlined Measurement-Based Care electronic system to replace lengthy paper assessments and provide immediate feedback to therapists and clients.

SHARED OUR EXPERTISE...

- Added another full-time educator to staff resulting in a total of 325 education classes and training programs presented to 8,263 adults and children in 547 hours of instruction.
- Co-authored four research articles published in peer-reviewed journals and presented several
 sessions at national and statewide conferences on Kristi House client outcomes and programs,
 working with our research partners at University of Miami and Florida International University.
- Generated 24 Spanish-language print news articles, Spanish radio and television news segments as part of **Child Safety Champions** prevention campaign supported by Florida Blue Foundation targeting southern Miami-Dade County.

SUSTAINED OUR WORK...

- Began three-year U.S. Department of Justice grant to provide young women in **Project GOLD** with educational support, jobs training and career planning... **Bridges to the Future.**
- Continued trend of steadily growing private funding support with a 31% increase in private giving over the last two years.
- Greatly expanded our social media presence and redesigned our website for mobile access and expanded electronic reach.



Kristi House Facility Pup Pedro with Development Associate Gina Santibañez and CEO Amanda Altman.



SERVICE STATISTICS

Calendar Year 2019



Total Children Served at the Kristi House Child Advocacy Center

Children Served	1,770
Average Age at Intake	10.8 years
Therapy Sessions	3,292
amily Advocacy Services	10,417
Education Program Hours	547
Education Program Participants	8,263
Fransportation - Trips	3,705
Fransportation - Persons	2,716
Project GOLD Members	61
Psychiatric Evaluations	79



Programs



THERAPY

herapy is a critical component in helping children overcome the trauma of abuse. While child sexual abuse has been Kristi House's specialty since founding, its mental health unit has the proven treatment interventions for many types of childhood trauma including problematic sexual behavior, physical abuse, and substance abuse combined with trauma. Kristi House is one of very few agencies in Miami-Dade County providing specialized mental health services for child trauma regardless of families' ability to pay. Because untreated child trauma often manifests itself in health, sexual and social problems throughout life, it is vitally important that Kristi House provides abused children with mental health services.

FAMILY ADVOCACY

Because the legal system can be difficult to negotiate, and gaining access to supportive agencies and therapy can also be complicated, Kristi House Family Advocates work directly with families to facilitate these processes. They determine the needs of children and families, make referrals for needed services, and assist families in accessing those services. They also coordinate services with our partner-agencies in the Center and community to help reduce system trauma. Kristi House provides a vital support system to victims, encouraging them to pursue all avenues of treatment and all legal means to stop the abuse and ensure long-term recovery.



TRANSPORTATION

Providing transportation is critical to many of the families we serve, enabling access and improving client outcomes. Public transportation does not reach many of our families who are without vehicles. Kristi House added a fourth transportation route this year in the southern end of Miami-Dade to help ensure children can get to us in one of our six locations. Project GOLD drivers transport girls every afternoon for group programs, therapy and educational support at the Drop In Center. Transportation ensures all children and teens can access our services.

06 KRISTI HOUSE'S PROGRAMS

PROYECTO BRAZOS ABIERTOS

Kristi House launched its *Proyecto Brazos Abiertos* (*Project Open Arms*) in early 2019 to provide free, evidence-based therapy to minors designated as unaccompanied alien children who have experienced trauma. Many of these youth are in residence at shelters in South Florida while efforts are made to place them with relatives in the U.S.



A large portion of these youth, some of whom have been separated from their parents upon arrival, are suffering from separation trauma, anxiety and PTSD symptoms as a result of their journeys and their experiences in their home countries. Kristi House is continuing to provide therapy when needed for post-release youth who have been placed with families. The pilot was launched with a grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA).



"Kristi House helped my son when no one else believed him. Without everyone here, my son would still be with his abuser. Thank you for saving my child!"

-KRISTI HOUSE PARENT



Staff members with new 11-passenger van purchased with the help of Ocean Reef Community Foundation and Victims of Crime Act (VOCA) grant funds to serve client families in deep south Miami-Dade.



Education and Outreach

With national studies finding 1 in 4 girls and 1 in 6 boys will be sexually abused by the age of 18, and 1 out of 2 children suffering some type of trauma during their childhood, Kristi House is dedicated to child abuse prevention through training and education. We deliver best practice programs for schools, community groups, corporations and faith-based organizations, with different courses specifically geared for children, parents



and service providers. Since founding, Kristi House has provided classes, training and education programs to more than 130,000 participants. Over the past several years, we have been focused on growing our outreach efforts. ■

PROGRAMS FOR ADULTS & SERVICE PROVIDERS

- Stewards of Children (TM)
- Commercial Sexual Exploitation of Children (CSEC 101)
- Children and Traumatic Stress
- Children with Problematic Sexual Behavior
- What Every Adult Needs to Know
- Hurricanes: Supporting Families through Trauma
- Strategies for Identifying and Assisting Male and LGBTQ Victims of Sex Trafficking

PROGRAMS FOR CHILDREN & TEENS

- Child Safety Matters (TM)
- Not a Number (TM)
- Stay Safe Teen Dating
- Commercial Sexual Exploitation Safety for Teens
- NetSmartz (TM) Online Safety

MIAMI C-START PROJECT

risti House surpassed 300 clinicians, case workers and supervisors trained through its Miami C-START program, begun in 2012 with major federal support. The goal is to increase Miami-Dade's capacity to treat child trauma and grief. C-START uses the Community-Based Learning Collaborative approach to engage multiple stakeholders in yearlong training and practice on screening, referring and delivering evidence-based interventions.

Taught by national master trainers, collaboratives have focused on Trauma-

Focused Cognitive
Behavioral Therapy (TF-CBT), and its cultural
modifications for Hispanic/
Latino families; Problematic
Sexual Behavior – Cognitive Behavioral
Therapy (PSB-CBT); Risk Reduction through
Family Therapy (RRFT); and TF-CBT
modified for child sex trafficking victims.

C-START is funded through a grant from the U.S. Department of Health and Human Services – Substance Abuse and Mental Health Services Administration (SAMHSA).



Child Sex Trafficking

PROJECT GOLD

Project GOLD uses a strengths-based, survivor-led approach for commercially sexually exploited girls and those at risk. The Drop In Center — unique in South Florida — provides a home-like setting for engagement and delivery of restorative services, including case management, therapy, advocacy, transportation, education and recreational enrichment. It provides an alternative to a dangerous life of abuse and exploitation. ■

Project GOLD began its *Bridges to the Future* initiative after recognizing that in addition to wraparound services, positive adults, and a trauma-informed, survivor-focused approach, girls need vocational training, job skills and career planning to help them pursue productive futures. Launched in early 2019, *Bridges to the Future* is addressing this vital component with tutoring, financial counseling, job readiness assistance, and support for educational and professional certifications, internships and apprenticeships. *Bridges to the*

Future seeks to help girls identify their strengths to



forge linkages and routes out of trafficking. It is supported by a major grant from the U.S. Department of Justice and private funders. Corporate partners to provide internship opportunities are sought.



Krisit House is also dedicated to increasing awareness and understanding of human trafficking through media outreach and education. Our training programs reached 2,083 participants in 2019.



CHILD SAFETY CHAMPIONS

Florida milestones for this program funded Blue 💩 🗓 Foundation by Florida Blue Foundation focused on child safety in southern-most Miami-Dade County, particularly for Spanish-speaking families. We reached 3,100+ students and 145 teachers with the evidence-based *Child Safety Matters* program. The project also achieved significant earned media through 24 Spanish-language television and print stories. In addition, 6,100+ service providers and other adults in south Miami-Dade participated in Kristi House's education and training courses on child abuse, trauma and related child safety topics.

CHILD SEX TRAFFICKING 09

"My therapist is the best. She has helped me learn to love myself. Something I had a hard time doing for years. I am forever grateful for her."

-KRISTI HOUSE CLIENT

MANDATED REPORTER AND WHAT IT MEANS

In Florida, any person who knows, or has reasonable cause to suspect, that a child is abused, neglected, or abandoned by a parent, legal custodian, caregiver, or other person responsible for the child's welfare shall immediately report such knowledge or suspicion to the Abuse Hotline of the Florida Department of Children and Families at 1-(800) g6ABUSE.

SERVICES AT NO COST TO FAMILIES

Kristi House does not charge for its services and never turns away a child in need. This is possible thanks to support from individuals, corporations and community groups, along with public grant funds, that ensure quality services and programs to children in Miami-Dade County. All gifts to Kristi House are tax-deductible.

Steps Adults Can Take to Protect Children from Sexual Abuse

These guidelines provide simple and practical actions you can take to prevent, recognize, and react responsibly to child sexual abuse.

STEP 1: LEARN THE FACTS

The facts about child sexual abuse can be staggering, but they can help us understand the risks children face.

STEP 2: MINIMIZE OPPORTUNITY

If you eliminate opportunities for children to be in isolated, one-on-one situations, you can dramatically reduce the risk of abuse.

STEP 3: TALK ABOUT IT

Children often keep abuse a secret, but talking openly about our bodies, sex, and boundaries can encourage children to share.

STEP 4: RECOGNIZE THE SIGNS

Don't expect obvious signs when a child is being abused. Signs are often there, but you have

to know what to look for.

STEP 5: REACT RESPONSIBLY

Be prepared to react responsibly if a child discloses abuse to you, or if you suspect or see that boundaries have been violated.



Summary of Financial Statements



STATEMENT OF FINANCIAL POSITION

ASSETS	2019	2018
Cash and equivalents	\$534,155	\$299,387
Investments, net	\$18,800	\$18,507
Grants and contributions receivable	\$620,889	\$709,704
Other receivables	\$70,553	\$47,372
Prepaid expenses and other current assets	\$74,388	\$74,145
Property and equipment, net	\$1,663,608	\$1,746,568
TOTAL ASSETS	\$2,982,473	\$2,895,683
LIABILITIES AND NET ASSETS	2019	2018
LIABILITIES		
Accounts payable and accrued expenses	\$208,848	\$207,616
Deferred rent revenue	\$338,612	\$370,516
TOTAL LIABILITIES	\$547,460	\$578,132
NET ASSETS		
Without donor restrictions	\$2,234,266	\$2,148,517
With donor restrictions	\$200,747	\$169,034
TOTAL NET ASSETS	\$2,435,013	\$2,317,551
TOTAL LIABILITIES AND NET ASSETS	\$2,982,473	\$2,895,683
EXPENSES	2019	2018
Program Services	\$3,667,588	\$3,258,795
Supporting Services	\$668,213	\$715,733
Total Expenses	\$4,335,801	\$3,974,528
CHANGE IN NET ASSETS	\$117,462	\$150,153

Through donations, grants and special events, Kristi House raised \$4,453,263 in revenue in FY 2018-19.

REVENUE Misc. 4% Public Grants 53% Medicaid 11% Foundations Individual & Corporate 21% Fundraising Events 12% Misc. 4% Public Grants 53% Management & Fundraising 15% Program Services 85% Fundraising Events 12%

FINANCIAL REPORT 11



Thank You!

to Kristi House Donors & Grantors

Kristi House gratefully acknowledges all those whose generous contributions help children and families in our community.*

FOUNDATION, PUBLIC & ORGANIZATIONAL GRANTORS

\$400,000-\$1,299,999

Miami-Dade County State of Florida – Office of the Attorney General U.S. Department of Health and Human Services –Substance Abuse and Mental Health Services Administration (SAMHSA)

\$100,000-\$399,999

The Children's Trust
Florida Blue Foundation
Florida Network of Child Advocacy Centers
Kathleen Kennedy Foundation
Trimix Foundation
U.S. Department of Justice – Office for Victims of Crime

\$50,000-\$99,999

Allegany Franciscan Ministries Anthony R. Abraham Foundation The Batchelor Foundation Health Foundation of South Florida Peacock Foundation The Ware Foundation

\$10,000-\$49,999

The Alvah H. & Wyline P. Chapman Foundation
The End of the Rainbow Foundation
Greek Week at the University of Miami
The Healy Foundation
Helliwell Family Foundation
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IN MEMORIAM

Kristi House will forever miss **Bunny Feinberg** who passed in 2019. Bunny was a devoted volunteer and supporter for many years. She and her beloved dog Fiona delighted children awaiting appointments, easing their anxiety with laughs and comfort. In the photo above, Bunny is scootering in the Kristi House atrium, making the day fun for kids and volunteers alike.



KRISTI HOUSE CHILDREN'S ADVOCACY CENTER Main Office

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KRISTI

HEALING THE FUTURE

Kristi House Children's Advocacy Center is dedicated to helping children and families overcome trauma.





