



Post-Treatment Clinical Assessment Tools

Included you will find:

1. Trauma Screen (child/adolescent version)
2. CPSS (child/adolescent version)
3. Scoring Worksheet for CPSS (child/adolescent version)
4. Short Mood and Feelings Questionnaire (child/adolescent version)
5. Trauma Screen (parent version)
6. CPSS (parent version)
7. Scoring Worksheet for CPSS (parent version)
5. Short Mood and Feelings Questionnaire (parent version)
6. Child/Adolescent Satisfaction Questionnaire
7. Caregiver Satisfaction Questionnaire
8. TF-CBT Client Services (Self Report)
9. TF-CBT Client Services (Parent Report)
10. Client Treatment Exit Form

Note: Only print out the versions and forms that you need for your case.

If you have any questions regarding data entry, please contact Carrie Jackson

Office: (843) 792-9524

E-mail: jaccar@muscc.edu

CHILD/ADOLESCENT SATISFACTION QUESTIONNAIRE

| Please answer the questions below about your treatment. | Very much false | Mostly false | Both true & false | Mostly true | Very much true |
|---|-----------------|--------------|-------------------|-------------|----------------|
| 1. The MAIN problems that I wanted help with have improved. | 1 | 2 | 3 | 4 | 5 |
| 2. OTHER problems that I had before coming here for therapy have improved. | 1 | 2 | 3 | 4 | 5 |
| 3. I am happy with what I have learned and my progress in therapy. | 1 | 2 | 3 | 4 | 5 |
| 4. My treatment has improved other parts of my life (e.g. family relationships, my relationships with my friends, my own mood). | 1 | 2 | 3 | 4 | 5 |
| 5. I know what to do if my problems get worse or bother me again. | 1 | 2 | 3 | 4 | 5 |
| 6. My therapist has explained what we are doing in counseling. | 1 | 2 | 3 | 4 | 5 |
| 7. I understand how Trauma-Focused Cognitive Behavioral Therapy works. | 1 | 2 | 3 | 4 | 5 |
| 8. My parents have been included in counseling. They talk with the therapist and have sessions with me. | 1 | 2 | 3 | 4 | 5 |
| 9. My therapist has listened to my thoughts, worries, and concerns. | 1 | 2 | 3 | 4 | 5 |
| 10. My therapist knows how to help me. | 1 | 2 | 3 | 4 | 5 |
| 11. If a friend needed the same kind of help, I would tell them to come here. | 1 | 2 | 3 | 4 | 5 |
| 12. Overall, I am happy with the therapy I got here. | 1 | 2 | 3 | 4 | 5 |
| 13. What were the MOST HELPFUL parts of your therapy? | | | | | |
| _____ | | | | | |
| _____ | | | | | |
| _____ | | | | | |
| 14. What were the parts of counseling you liked the LEAST? | | | | | |
| _____ | | | | | |
| 15. How could we make the counseling experience better? Please list your suggestions/thoughts: | | | | | |
| _____ | | | | | |
| _____ | | | | | |
| _____ | | | | | |

CAREGIVERSATISFACTIONQUESTIONNAIRE

| Please answer the questions below about your child's treatment. | Very much false | Mostly false | Both true & false | Mostly true | Very much true |
|---|-----------------|--------------|-------------------|-------------|----------------|
| 1. The MAIN problems that I wanted my child treated for have improved. | 1 | 2 | 3 | 4 | 5 |
| 2. OTHER problems that my child had have improved. | 1 | 2 | 3 | 4 | 5 |
| 3. I am happy with my child's progress in treatment. | 1 | 2 | 3 | 4 | 5 |
| 4. My child's treatment has improved other parts of my life (e.g. family relationships, my own mood). | 1 | 2 | 3 | 4 | 5 |
| 5. I know what to do if my child's problems get worse or come back again. | 1 | 2 | 3 | 4 | 5 |
| 6. My child's therapist has explained Trauma Focused Cognitive Behavioral Therapy to me. | 1 | 2 | 3 | 4 | 5 |
| 7. I understand how Trauma Focused Cognitive Behavioral Therapy works. | 1 | 2 | 3 | 4 | 5 |
| 8. I have felt included in my child's treatment. | 1 | 2 | 3 | 4 | 5 |
| 9. My therapist has listened to my thoughts and concerns about my child. | 1 | 2 | 3 | 4 | 5 |
| 10. My child's therapist knows how to help my child. | 1 | 2 | 3 | 4 | 5 |
| 11. I would recommend this treatment to a friend who had a child in the same situation. | 1 | 2 | 3 | 4 | 5 |
| 12. Overall, I am satisfied with my child's treatment. | 1 | 2 | 3 | 4 | 5 |
| 13. What were the MOST HELPFUL parts of your child's treatment? | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 14. What were the LEAST HELPFUL parts of your child's treatment? | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| 15. Do you have any suggestions about improving this treatment? If so, please describe: | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Client ID #: _____ Therapist ID #: _____ Date: _____

TF-CBT Client Services (Child Version)

We would like to learn about the counseling services you received. Please think about your time in counseling and answer the following questions to the best of your ability. Please place a check next to YES or NO for your response. When we ask you to answer questions about the traumatic event, we mean the _____ you experienced and came to counseling for.

| During your counseling sessions, did your therapist: | | Yes | No |
|---|---|------------|-----------|
| 1. | Set an agenda for each therapy session (i.e., <i>she let me know what we were doing that day</i>). | | |
| 2. | Explain the reason for counseling and why it might be helpful. | | |
| 3. | Give me information about the type(s) of traumatic event (s) I have experienced and how many children feel and react to such events. | | |
| 4. | Let me choose whether or not I talked about the traumatic event(s). | | |
| 5. | Taught me how to identify and name different feelings I was experiencing. | | |
| 6. | Help me understand how thoughts, feelings, and behaviors are connected. | | |
| 7. | Help me to identify and change thoughts that were bothering me. | | |
| 8. | Help me learn safe ways to express my negative feelings (mad, frustrated, sad feelings). | | |
| 9. | Help me do an activity, such as write a book, draw a set of pictures, or write poems or songs that describe the traumatic event(s) and how I felt or thought about it. | | |
| 10. | Directly discuss the specific details of the traumatic event(s) with me. | | |
| 11. | Regularly assign homework or activities to complete at home before the next session. | | |
| 12. | Encourage me to describe thoughts, feelings, or sensations experienced during the traumatic event(s) or related experiences. | | |
| 13. | Taught my mom/dad or other person who takes care of me ways to get along with me, play, or help me to follow the rules. | | |
| 14. | Allow me to lead or direct most of the sessions (<i>I got to decide what we did each session</i>) | | |
| 15. | Have my parent and I talk about the traumatic event (s) together in a session. | | |
| 16. | Talk about new troubling events or crises that happened to me in the past week or two for most of the sessions. | | |
| 17. | Teach me how to relax (e.g., deep breathing, tightening & relaxing my muscles to feel less tense). | | |
| 18. | Teach me to think of (or imagine) something positive, like a pleasant place, person, or situation, when I am feeling scared or upset. | | |
| 19. | Have me and my parent practice using coping skills (deep breathing, imagining something pleasant or a stop sign, muscle relaxation, positive self-talk) to deal with things that reminded me of the trauma. | | |

Client ID #: _____ Therapist ID #: _____ Date: _____

| During your counseling sessions, did your therapist: | | Yes | No |
|---|---|------------|-----------|
| 20. | Spend most sessions playing fun activities (e.g., board game, videogame) without talking about the traumatic event(s). | | |
| 21. | Saw only me in most sessions (did not see my parent separately). | | |
| 22. | Talk about ways I can keep safe in the future (in my family, school, and/or community). | | |
| 23. | Often stop talking about the traumatic event(s) because I became upset. | | |
| 24. | Encourage me to vent or “get out” my negative feelings about the trauma or the offender (e.g., tearing up paper, destroying something). | | |
| 25. | Teach me about things I could say to myself to help me feel better if I ever feel unhappy, scared, sad, or mad. | | |
| 26. | Talked to me about any negative feelings I had about the abuse/trauma (feeling like it was my fault, feeling ashamed or embarrassed). | | |
| 27. | Talk about me telling other people, like parents, teachers or counselors, if anyone ever hurts me in any way or if I ever see someone hurting someone else. | | |

PATS Client ID#: _____ Therapist ID#: _____ Date: _____

TF-CBT Client Services (Parent Version)

We are eager to learn about the counseling services you received. Please think about your time in counseling and answer the following questions to the best of your ability. Please place a check next to YES or NO for your response.

| During your counseling sessions, please indicate whether your therapist: | | Yes | No |
|---|--|------------|-----------|
| 1. | Established an agenda and structure for each therapy session. | | |
| 2. | Explained the rationale and benefits of the intervention and described the treatment approach. | | |
| 3. | Provided specific information about the types of traumatic event(s) my child has experienced and common reactions to these events. | | |
| 4. | Let my child choose whether or not they talked about the traumatic event(s). | | |
| 5. | Taught my child how to identify and correctly label emotions. | | |
| 6. | Helped my child understand the connection between thoughts, feelings, and behaviors. | | |
| 7. | Helped my child identify and correct unhelpful or troubling thoughts. | | |
| 8. | Helped my child to use effective ways to express negative feelings (mad, frustrated, sad feelings). | | |
| 9. | Helped my child do an activity, such as writing a book, drawing a set of pictures, or writing poems or songs that describe the traumatic event(s) and my child's reactions. | | |
| 10. | Directly discussed or drew about the specific details of the traumatic event(s) with my child. | | |
| 11. | Regularly assigned homework or activities to complete for the next session. | | |
| 12. | Encouraged my child to describe thoughts, feelings, or sensations experienced during the traumatic event(s) or related experiences. | | |
| 13. | Taught me strategies to enhance my relationship with my child, such as active listening, play skills, and ways to praise my child, and help my child follow the rules. | | |
| 14. | Allowed my child or me to lead or direct most of the sessions. | | |
| 15. | Had my child and I talk about the traumatic event(s) in a joint session. | | |
| 16. | Helped me to prepare for the joint session (e.g., talked about structure of session, ways to respond, how to express my thoughts and feelings, how to show support to my child). | | |
| 17. | Dealt with crises or events that happened to my child or me in the past week(s) for most of the sessions. | | |
| 18. | Taught my child how to relax (e.g., deep breathing, tightening & relaxing his/her muscles to feel less tense). | | |
| 19. | Taught my child to think of (or imagine) something positive, like a pleasant place, person, or situation, when s/he was feeling scared or upset. | | |
| 20. | Taught me how to use effective discipline strategies, such as proper use of time out, work chores, privilege losses, and active ignoring. | | |

PATS Client ID#: _____ Therapist ID#: _____ Date: _____

| During your counseling sessions, please indicate whether your therapist: | | Yes | No |
|---|--|------------|-----------|
| 21. | Had me and my child practice using coping skills to deal with trauma reminders or trauma related distress. | | |
| 22. | Spend most sessions playing fun activities (e.g., board game, videogame) without any discussion of the traumatic event(s). | | |
| 23. | Saw only my child in most sessions. | | |
| 24. | Talked about ways my child can keep safe in the future (in my family, school, and/or community). | | |
| 25. | Often stopped talking about the traumatic event(s) because my child became distressed or upset. | | |
| 26. | Encouraged my child to engage in a cathartic exercise to vent his/her negative feelings about the trauma or the offender (e.g., tearing up paper, destroying an object). | | |
| 27. | Taught your child about things s/he could say to her/himself to help feel better if s/he ever feel unhappy, scared, sad, or mad. | | |
| 28. | Talked to your child about any negative feelings he/she had about the abuse/trauma (e.g., guilt, shame). | | |
| 29. | Talked about your child telling other people, like parents, teachers or counselors, if anyone ever hurts him/her in any way or if s/he ever sees someone hurting someone else. | | |

PATS Client ID# _____

Therapist ID# _____

Date: _____



PATS

Client Treatment Exit Form*

Please submit completed form within 2 weeks of final treatment session to:

Carrie Jackson
National Crime Victims Research & Treatment Center
MSC 861, Ste 207, 2nd floor Institute of Psychiatry 67
President Street
Charleston, SC 29425
Fax: 843-792-7146

Today's Date: _____

Last Clinical Contact: _____

Reason for Exit from PATS Evaluation/Protocol:

- 1. Client does not meet eligibility symptoms that would result in benefit from TF-CBT treatment protocol
- 2. Client is clinically unstable (suicidal, homicidal, active drug use, psychotic, and/or requires alternative treatment that precludes TF-CBT at this time)
- 3. Client's home environment is clinically unstable (client continues to be exposed to trauma, client's caregivers are actively unsupportive)
- 4. Client moved
- 5. Client's case was transferred to another PATS clinician
- 6. Client's case was transferred to a non-PATS clinician
- 7. Client and/or family refused TF-CBT treatment
- 8. Client and family stopped TF-CBT treatment for the following other reason (specify):

- 9. Client dropped out of TF-CBT treatment prior to completion for unknown reasons
- 10. Client successfully completed TF-CBT protocol**

* Note: This form should be submitted for all identified PATS clients/patients upon final clinical encounter, regardless of when or why the patient/client exited treatment.

Client ID# _____

Therapist ID# _____

Date: _____

SHORT MOOD AND FEELINGS QUESTIONNAIRE

Self-Report Version

This form is about how you might have been feeling or acting recently.

For each question, please check how much you have felt or acted this way *in the past two weeks*.

If a sentence was true about you most of the time, check TRUE.

If it was only sometimes true, check SOMETIMES.

If a sentence was not true about you, check NOT TRUE.

| | True 2 | Sometimes 1 | Not True 0 |
|---|--------------------------|--------------------------|--------------------------|
| 1. I felt miserable or unhappy. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. I didn't enjoy anything at all. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. I felt so tired I just sat around and did nothing. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. I was very restless. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. I felt I was no good any more. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. I cried a lot. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. I found it hard to think properly or concentrate. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. I hated myself. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. I was a bad person. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. I felt lonely. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. I thought nobody really loved me. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. I thought I could never be as good as other kids. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. I did everything wrong. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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Client ID# _____

Therapist ID# _____

Date: _____

SHORT MOOD AND FEELINGS QUESTIONNAIRE

Parent Report Version

This form is about how your child might have been feeling or acting recently.

For each question, please check how much she or he has felt or acted this way *in the past two weeks*.

If a sentence was true about your child most of the time, check TRUE.

If it was only sometimes true, check SOMETIMES.

If a sentence was not true about your child, check NOT TRUE.

| | True 2 | Sometimes 1 | Not True 0 |
|---|--------------------------|--------------------------|--------------------------|
| 1. S/he felt miserable or unhappy. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. S/he didn't enjoy anything at all. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. S/he felt so tired s/he just sat around and did nothing. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. S/he was very restless. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. S/he felt s/he was no good any more. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. S/he cried a lot. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. S/he found it hard to think properly or concentrate. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. S/he hated him/herself. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. S/he felt s/he was a bad person. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. S/he felt lonely. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. S/he thought nobody really loved him/her. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. S/he thought s/he could never be as good as other kids. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. S/he felt s/he did everything wrong. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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= **Trauma Screen**

Name _____

Date _____

Stressful or scary events happen to many kids. Below is a list of stressful and scary events that sometimes happen. Mark YES if it happened to you. Mark No if it didn't happen to you.

1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire. Yes No
2. Serious accident or injury like a car/bike crash, dog bite, sports injury. Yes No
3. Robbed by threat, force or weapon. Yes No
4. Slapped, punched, or beat up in your family. Yes No
5. Slapped, punched, or beat up by someone not in your family. Yes No
6. Seeing someone in your family slapped, punched or beat up. Yes No
7. Seeing someone in the community slapped, punched or beat up. Yes No
8. Someone older touching your private parts when they shouldn't. Yes No
9. Someone forcing or pressuring sex, or when you couldn't say no. Yes No
10. Someone close to you dying suddenly or violently. Yes No
11. Attacked, stabbed, shot at or hurt badly. Yes No
12. Seeing someone attacked, stabbed, shot at, hurt badly or killed. Yes No
13. Stressful or scary medical procedure. Yes No
14. Being around war. Yes No
15. Other stressful or scary event? Yes No

Describe: _____

Which one is bothering you the most now? _____

If you answered **NO** to all of the above questions, **STOP**

If you answered **YES** to any of the above questions, please complete the rest of this form

When the event happened, did you feel?

Afraid I would die or be hurt badly. Yes No

Afraid someone else would die or be hurt badly. Yes No

Helpless to do anything. Yes No

Ashamed or disgusted. Yes No

CHILD PTSD Symptom Scale (CPSS) - 7-17 years

Mark 0, 1, 2 or 3 for how often the following things have bothered you in the last two weeks:

- 0 Never**
- 1 Once in a while**
- 2 Half the time**
- 3 Almost always**

| | | | | |
|---|---|---|---|---|
| 1. Having upsetting thoughts or images about the event that came into your head when you didn't want them to. | 0 | 1 | 2 | 3 |
| 2. Having bad dreams or nightmares. | 0 | 1 | 2 | 3 |
| 3. Acting or feeling as if the event was happening again. | 0 | 1 | 2 | 3 |
| 4. Feeling upset when you think about or hear about the event. | 0 | 1 | 2 | 3 |
| 5. Having feelings in your body when you think about or hear about the event. (Heart beating fast, upset stomach, breaking out in a sweat) | 0 | 1 | 2 | 3 |
| 6. Trying not to think about, talk about or have feelings about the event. | 0 | 1 | 2 | 3 |
| 7. Trying to avoid activities or people, or places that remind you of the event. | 0 | 1 | 2 | 3 |
| 8. Not being able to remember an important part of the upsetting event. | 0 | 1 | 2 | 3 |
| 9. Having much less interest or not doing the things you used to do. | 0 | 1 | 2 | 3 |
| 10. Not feeling too close to the people around you. | 0 | 1 | 2 | 3 |
| 11. Not being able to have strong feelings (being able to cry or feel really happy). | 0 | 1 | 2 | 3 |
| 12. Feeling as if your future hopes or plans will not come true. | 0 | 1 | 2 | 3 |
| 13. Having trouble falling or staying asleep. | 0 | 1 | 2 | 3 |
| 14. Feeling irritable or having fits of anger. | 0 | 1 | 2 | 3 |
| 15. Having trouble concentrating. | 0 | 1 | 2 | 3 |
| 16. Being overly careful (checking to see who is around you). | 0 | 1 | 2 | 3 |
| 17. Being jumpy or easily startled. | 0 | 1 | 2 | 3 |

Please mark YES or NO if the problems you marked interfered with:

| | | | | | |
|-------------------|-------|------|-------------------------|-------|------|
| 1. Saying prayers | D Yes | D No | 5. Schoolwork | D Yes | D No |
| 2. Doing chores | D Yes | D No | 6. Family relationships | D Yes | D No |
| 3. Friendships | D Yes | D No | 7. General happiness | D Yes | D No |
| 4. Hobbies/Fun | D Yes | D No | | | |

Client ID: _____

Therapist ID: _____

Date: _____

CPSS Scoring Form- CHILD

| CRITERION A – TRAUMATIC EVENT | PTSD SEVERITY – OVERALL SCORE |
|--|--|
| FROM THE TRAUMA SCREEN Exposure to Traumatic Event? YES NO Type of event most distressing: _____ Criterion A1 met Questions 1-15 at least 1 “Yes” answer YES NO Criterion A2 met At least one “Yes” answer below YES NO Criterion A met YES NO | FROM THE CPSS SYMPTOM SCALE PTSD SEVERITY SCORE Sum of questions 1-17: _____ INTERFERENCE SCORE Sum of questions 1-7: _____ |

| CRITERION B – REEXPERIENCING | CRITERION C - AVOIDANCE |
|--|---|
| FROM THE CPSS SYMPTOM SCALE REEXPERIENCING SEVERITY SCORE Sum of questions 1-5: _____ DSM-IV CRITERION B MET # of questions 1-5 scores 2 or 3: _____ At least 1 question 1-5 score 2 or 3? YES NO | FROM THE CPSS SYMPTOM SCALE AVOIDANCE SEVERITY SCORE Sum of questions 6-12: _____ DSM-IV CRITERION C MET # of questions 6-12 scores 2 or 3: _____ At least 3 question 6-12 scores 2 or 3? YES NO |

| CRITERION D – INCREASED AROUSAL | DSM-IV PTSD DIAGNOSTIC INFO |
|---|---|
| FROM THE CPSS SYMPTOM SCALE INCREASED AROUSAL SEVERITY SCORE Sum of questions 13-17: _____ DSM-IV CRITERION D MET # of questions 13-17 scores 2 or 3: _____ At least 2 question 13-17 score 2 or 3? YES NO | DSM-IV FULL PTSD DIAGNOSIS LIKELY Criteria A, B, C, D all met YES NO PARTIAL PTSD LIKELY Criteria A, and 2 other criteria met YES NO |

= **Trauma Screen – Caregiver Completed**

Name _____

Date _____

Stressful or scary events happen to many kids. Below is a list of stressful and scary events that sometimes happen. Please answer to the best of your knowledge. Mark YES if it happened to your child. Mark No if it didn't happen to your child.

1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire. Yes No
2. Serious accident or injury like a car/bike crash, dog bite, sports injury. Yes No
3. Robbed by threat, force or weapon. Yes No
4. Slapped, punched, or beat up in the family. Yes No
5. Slapped, punched, or beat up by someone not in the family. Yes No
6. Seeing someone in the family slapped, punched or beat up. Yes No
7. Seeing someone in the community slapped, punched or beat up. Yes No
8. Someone older touching your child's private parts when they shouldn't. Yes No
9. Someone forcing or pressuring sex, or when your child couldn't say no. Yes No
10. Someone close to your child dying suddenly or violently. Yes No
11. Attacked, stabbed, shot at or hurt badly. Yes No
12. Seeing someone attacked, stabbed, shot at, hurt badly or killed. Yes No
13. Stressful or scary medical procedure. Yes No
14. Being around war. Yes No
15. Other stressful or scary event? Yes No

Describe: _____

Which one is bothering him/her the most now? _____

If you answered **NO** to all of the above questions, **STOP**

If you answered **YES** to any of the above questions, please complete the rest of this form.

When the event happened, did your child feel?

Afraid s/he would die or be hurt badly. Yes No

Afraid someone else would die or be hurt badly. Yes No

Helpless to do anything. Yes No

Ashamed or disgusted. Yes No

Child PTSD Symptom Scale CPSS (4-17 years) Caregiver Completed

Mark 0, 1, 2 or 3 for how often the following things have bothered your child in the last two weeks:

- 0 Never**
- 1 Once in a while**
- 2 Half the time**
- 3 Almost always**

| | | | | | |
|-----|---|---|---|---|---|
| 1. | Your child having unwanted, upsetting thoughts or images about the traumatic event . | 0 | 1 | 2 | 3 |
| 2. | Your child having bad dreams or nightmares. | 0 | 1 | 2 | 3 |
| 3. | Your child acting or feeling as if the event were happening again. | 0 | 1 | 2 | 3 |
| 4. | Your child feeling upset when s/he thinks about or hears about the event. | 0 | 1 | 2 | 3 |
| 5. | Your child having feelings in the body when thinking or hearing about the event.(Heart beating fast, upset stomach, breaking out in a sweat). | 0 | 1 | 2 | 3 |
| 6. | Your child trying not to think about, talk about or have feelings about the event. | 0 | 1 | 2 | 3 |
| 7. | Your child trying to avoid activities or people, or places that remind you of the event. | 0 | 1 | 2 | 3 |
| 8. | Your child not being able to remember an important part of the upsetting event. | 0 | 1 | 2 | 3 |
| 9. | Your child having much less interest or not doing the things s/he used to do. | 0 | 1 | 2 | 3 |
| 10. | Your child not feeling too close to the people around him/her. | 0 | 1 | 2 | 3 |
| 11. | Your child not being able to have strong feelings (being able to cry or feel really happy). | 0 | 1 | 2 | 3 |
| 12. | Your child feeling as if his/her future hopes or plans will not come true. | 0 | 1 | 2 | 3 |
| 13. | Your child having trouble falling or staying asleep. | 0 | 1 | 2 | 3 |
| 14. | Your child feeling irritable or having fits of anger. | 0 | 1 | 2 | 3 |
| 15. | Your child having trouble concentrating. | 0 | 1 | 2 | 3 |
| 16. | Your child being overly careful (checking to see who is around). | 0 | 1 | 2 | 3 |
| 17. | Your child being jumpy or easily startled. | 0 | 1 | 2 | 3 |

Please mark YES or NO if the problems above interfered with the following:

- | | | | | | |
|-------------------|-------|------|-------------------------|-------|------|
| 1. Saying prayers | D Yes | D No | 5. Schoolwork | D Yes | D No |
| 2. Doing chores | D Yes | D No | 6. Family relationships | D Yes | D No |
| 3. Friendships | D Yes | D No | 7. General happiness | D Yes | D No |
| 4. Hobbies/Fun | D Yes | D No | | | |

Client ID: _____

Therapist ID: _____

Date: _____

CPSS Scoring Form- CAREGIVER

| CRITERION A – TRAUMATIC EVENT | PTSD SEVERITY – OVERALL SCORE |
|---|---|
| <p>FROM THE TRAUMA SCREEN</p> <p>Exposure to Traumatic Event? YES NO</p> <p>Type of event most distressing:</p> <p>_____</p> <p>Criterion A1 met Questions 1-15 at least 1 “Yes” answer YES NO</p> <p>Criterion A2 met At least one “Yes” answer below YES NO</p> <p>Criterion A met YES NO</p> | <p>FROM THE CPSS SYMPTOM SCALE</p> <p>PTSD SEVERITY SCORE Sum of questions 1-17: _____</p> <p>INTERFERENCE SCORE Sum of questions 1-7: _____</p> |

| CRITERION B – REEXPERIENCING | CRITERION C - AVOIDANCE |
|---|--|
| <p>FROM THE CPSS SYMPTOM SCALE</p> <p>REEXPERIENCING SEVERITY SCORE</p> <p>Sum of questions 1-5: _____</p> <p>DSM-IV CRITERION B MET</p> <p># of questions 1-5 scores 2 or 3: _____</p> <p>At least 1 question 1-5 score 2 or 3? YES NO</p> | <p>FROM THE CPSS SYMPTOM SCALE</p> <p>AVOIDANCE SEVERITY SCORE</p> <p>Sum of questions 6-12: _____</p> <p>DSM-IV CRITERION C MET</p> <p># of questions 6-12 scores 2 or 3: _____</p> <p>At least 3 question 6-12 scores 2 or 3? YES NO</p> |

| CRITERION D – INCREASED AROUSAL | DSM-IV PTSD DIAGNOSTIC INFO |
|--|--|
| <p>FROM THE CPSS SYMPTOM SCALE</p> <p>INCREASED AROUSAL SEVERITY SCORE</p> <p>Sum of questions 13-17: _____</p> <p>DSM-IV CRITERION D MET</p> <p># of questions 13-17 scores 2 or 3: _____</p> <p>At least 2 question 13-17 score 2 or 3? YES NO</p> | <p>DSM-IV FULL PTSD DIAGNOSIS LIKELY</p> <p>Criteria A, B, C, D all met YES NO</p> <p>PARTIAL PTSD LIKELY</p> <p>Criteria A, and 2 other criteria met YES NO</p> |