



Project GOLD Drop-In Center Sample Schedule of Groups Offered

Sun	Mon	Tue	Wed	Thur	Fri	Sat
 <p>KRISTI HOUSE</p>	<p>4:00pm to 5:00pm <i>Life Skills</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Mentoring Group (Life Coach)</i></p>	<p>4:00pm to 5:00pm <i>Yoga</i></p> <p>5:00pm –5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Survivor Led Group</i></p>	<p>4:00pm to 5:00pm <i>Driver’s Ed</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm 7:00pm <i>Recreational Group</i></p>	<p>4:00pm to 5:00pm <i>Arts & Crafts</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>My Life Group</i></p>	<p>4:00pm to 7:00pm <i>Open Day at Drop In Center for tutoring, counseling and mentoring</i></p>	
	<p>4pm to 5pm <i>Tutoring</i></p> <p>4:00pm to 5:00pm <i>Recreational Group</i></p> <p>5pm to 5:30pm <i>Meal</i></p> <p>5:30pm to 7:00pm <i>Mentoring (LINKS)</i></p>	<p>4:00pm to 5:00pm <i>Yoga</i></p> <p>5:00pm –5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Survivor Led Group</i></p>	<p>4:00pm to 5:00pm <i>Cooking</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm 7:00pm <i>Life Skills Group</i></p>	<p>4:00pm to 5:00pm <i>Recreational</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>My Life Group</i></p>	<p>4:00pm to 7:00pm <i>Open Day at Drop In Center for tutoring, counseling and mentoring</i></p>	
	<p>4:00pm to 5:00pm <i>Fitness Class</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Recreational Group</i></p>	<p>4pm to 5pm <i>Yoga</i></p> <p>4:00pm to 5:00pm <i>Tutoring</i></p> <p>5:00pm –5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Survivor Led Group</i></p>	<p>4pm to 5pm <i>Tutoring</i></p> <p>4:00pm to 5:00 <i>Driver’s Ed</i></p> <p>5pm to 5:30pm <i>Meal</i></p> <p>5:30pm to 7:00pm <i>Leadership Group</i></p>	<p>4pm to 5pm <i>Tutoring</i></p> <p>4:00pm to 5:00pm <i>Baking</i></p> <p>5pm to 5:30pm <i>Meal</i></p> <p>5:30pm to 7:00pm <i>My Life Group</i></p>	<p>4:00pm to 7:00pm <i>Open Day at Drop In Center for tutoring, counseling and mentoring</i></p>	
	<p>12:00pm to 12:30pm <i>Meal</i></p> <p>12:30 to 6:30pm <i>Field Day (Youth Fair)</i></p>	<p>24 4pm to 5pm <i>Yoga</i></p> <p>4:00pm to 5:00pm <i>Tutoring</i></p> <p>5:00pm –5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Survivor Led Group</i></p>	<p>4:00pm to 5:00 <i>Cooking</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Leadership Group</i></p>	<p>4:00pm to 5:00pm <i>Recreational</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>My Life Group</i></p>	<p>4:00pm to 7:00pm <i>Open Day at Drop In Center for tutoring, counseling and mentoring</i></p>	
	<p>4:00pm to 5:00pm <i>Recreational Group</i></p> <p>5:00pm to 5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00 <i>Mentoring (LINKS)</i></p>	<p>4:00pm to 5:00pm <i>Yoga</i></p> <p>5:00pm –5:30pm <i>Meal/Snack Time</i></p> <p>5:30pm to 7:00pm <i>Survivor Led Group</i></p>			 <p>PROJECT GOLD GIRLS OWNING THEIR LIVES AND DREAMS</p>	

Drop in Center is open Monday through Fridays from 10:00am to 7:00pm. Staff is available 24/7 as needed at Hotline number: 1-877-465-3916